

Mental Health Assessment



Instructor Information:

Matthew T. Rensi, a Licensed Professional Clinical Counselor who also holds a Ph. D. in counselor education and supervision. He earned his Masters of Arts in Counseling from Western Seminary and his Ph. D from Oregon State University. He has extensive experience providing therapy to people struggling with psychosis, homelessness, various mental health issues and the legal system. Matt provides trainings throughout the country on various aspects of mental health treatment including assessment, individual therapy, and safety/crisis intervention. Lastly he has conducted research on the Diagnostic and Statistical Manual of Mental Disorders using linguistic analysis.

Instructor: Matthew T. Rensi, Ph.D., LPCC

Course Description:

The mental health assessment training focuses on how to engage clients in the initial assessment interview, both building a safe space to encourage engagement while also gathering clinically relevant information. From there learners will work on taking the gathered information and formulating it into a Cal-AIM complaint mental health assessment.

Date: Part 1: April 12, 2023 8:30am-12:00pm

Part 2: April 27, 2023 8:30am-12:00pm

****Must attend both dates for credit****

Location: Virtual Link will be emailed

RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>
All other interested partners, please visit www.rcdmh.org/wet

Free to all registered participants

Continuing Education Credits: This course is approved for 6 continuing education units/credits/hours.

Mental Health Assessment (2 Part Training)

April 12, 2023 8:30am-12:00pm

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April 27, 2023 8:30am-12:00pm

****Must attend both dates for credit****

Course Description:

Part 1: This training will be focused on how to conduct a mental health assessment interview. The training will specifically focus on how to orient a client to the assessment, initiate a broaching conversation around intersectional identities, balance trust and the gathering information, how to identify symptoms and functional impairments and how to gather all information necessary for a CAL-AIM compliant Mental Health Assessment.

Part 2: This training will be focused on how to formulate the information that was gathered in an assessment interview into a mental health assessment. Specific focus will be given to ensuring participants are able to clearly articulate medical necessity by identifying symptoms and impairments consistent with, and faithful to, a covered diagnosis. By the end of this training participants will be able to write a CAL-AIM compliant mental health assessment

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Audience: RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, and LEPs, associate-level and support staff providing client care in the public behavioral health system

Seat #: 40

Location: Virtual

Educational Goals:

1. Be able to conduct a mental health assessment interview
2. Be able to formulate a valid diagnosis
3. Be able to write a Cal-AIM compliant mental health assessment

Learning Objectives:

Part 1:

- Identifying at least 3 of the necessary components of a Mental Health Assessment
- Conduct a Mental Health Assessment interview

- Use at least 1 strategy to engage in broaching conversation.

Part 2:

- Write a CAL-AIM Medi-cal compliant mental health assessment
- Write s presenting problem section that meets criteria for at least 1-3 covered diagnosis
- Complete a trauma history

Course outline:

Time	Topic/Content
8:30am -9:30am	<i>Introduction to Mental Health Assessment</i> <ul style="list-style-type: none"> • <i>The 7 Domains</i> • <i>Orienting the Client</i> • <i>Broaching Conversations</i>
9:30am- 9:45am	<i>Break</i>
9:45am- 10:45am	<i>Domains 1-2</i> <ul style="list-style-type: none"> • <i>Presenting Problem</i> • <i>Diagnoses</i> • <i>Functional Impairments</i> • <i>Trauma history</i>
10:45am-11:00am	<i>Break</i>
11:00am-12:00pm	<i>Domains 3-7</i> <ul style="list-style-type: none"> • <i>Psychosocial History</i> • <i>Substance Use</i> • <i>Medical History</i> • <i>Risk and Protective Factors</i>

CEs will be provided by Community Solutions. This course is approved for 6 hours of continuing education units for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California B.B.S. under CEPA Provider #129412, and LAADC by CCAPP-EI CADAAC Provider # 7213401223.

Requesting Continuing Education: Participants interested in receiving continuing education credit will be provided an electronic course evaluation by the trainer once the training concludes.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>) The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact training coordinator Taide Arias at TArias@ruhealth.org or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).